

Spherical Squishy Things

Squash balls are unlike any other sports ball. The ball doesn't bounce until it is warmed up by hitting it hard 50-100 times. After that the ball reaches an equilibrium temperature and is quite bouncy. Unfortunately you have to continue to hit the ball hard to keep it warm and lively.

Since beginners and intermediate players cannot often hit hard or have long rallies, Dunlop offers four different types of squash ball. The difference between them is that they require different temperatures to achieve a good bounce.

Four balls are offered by Dunlop:

- Pro* - double yellow dot
- Competition* - single yellow dot (for club players and/or cool courts)
- Progress* (for intermediate players)
- Beginner* - blue colour and slightly oversized

Using a Pro ball doesn't make you a Pro!

Beginners! Intermediates! Don't wrestle with a double yellow dot! The length of your rallies and the overall quality of your game would be much improved by using a suitable ball.

If you are practicing your game, particularly drop shots, consider an alternative to the double dot.

It is common for advanced players of nations with cold winters and/or clubs with cold courts to use a single dot ball as standard.

Also available in Pink!

Dunlop is the most common type of ball, others brands are available and in some cases in alternative colours. Alternative brands of squash ball will play differently. It is the norm to use Dunlop unless a mutually agreeable alternative has been agreed with your opponent.

Ball Etiquette

It is considered poor practice to significantly alter the temperature of the ball, while your opponent powders their nose between games. The ball will naturally cool between games if a break is taken. It is acceptable to hit the ball to yourself to maintain the ball at a similar temperature. Resist the urge to vent your frustrations while super heating the ball, likewise do not cool the ball in your chilled pint of lager, between games; it will spoil your pint.

Nobody Likes Dirty Old Balls - Keep it clean, no need to polish! A dusty ball will skid.

Balls wear and the rubber becomes thin and the glued seam begins to split. An old lifeless ball tends to die more in the back corners.

If the rubber of your ball is hard with surface cracking, consider a replacement and an upgrade to a modern graphite racquet.

The full range of Dunlop squash balls is available from behind the bar.