



## **HEALTH AND SAFETY POLICY STATEMENT:**

“Sutton Tennis & Squash Club is strongly committed to encouraging our members to take part, but the health, well-being and safety of each individual is always our paramount concern. We recommend levels of training dependent on age and ability, and expect our junior athletes to participate within these boundaries.”

## **HEALTH AND SAFETY POLICY:**

To support our Health and Safety policy statement we are committed to the following duties:

- Undertake regular, recorded risk assessment of the club premises and all activities undertaken by the club.
- Create a safe environment by putting health and safety measures in place as identified by the assessment.
- Ensure that all members are aware of, understand and follow the club’s health and safety policy.
- Appoint a health and safety officer to assist with health and safety responsibilities.
- Ensure that normal operating procedures and emergency operating procedures are in place and known by all members.
- Provide access to adequate first aid facilities, telephone and qualified first aiders whenever possible.
- Report any injuries or accidents sustained during any club activity or whilst on the club premises.
- Ensure that the implementation of the policy is reviewed regularly and monitored for effectiveness.
  
- **AS A CLUB MEMBER YOU HAVE A DUTY TO:**
  - Take reasonable care for your own health and safety and that of others who may be affected by what you do or not do.
  - Co-operate with the club on health and safety issues.
  - Correctly use all equipment provided by the club.
  - Not interfere with or misuse anything provided for your health, safety or welfare.

**CLUB HEALTH AND SAFETY OFFICER:** Karl Stowell

**FIRST AID:**

Location of first aid facilities: In the conservatory next to the gents changing room door

Location of telephones:

**QUALIFIED FIRST AIDERS:**

- 1 Karl Stowell (manager / head tennis coach) – 07976 547239
2. Jamie Sacchi (tennis coach) – 07590 068750
3. Liam Rabbitte (tennis coach / sports therapist) - 07852 134079
4. Eugen Vrajitoru (tennis coach) 07459903388
5. Kareen Suffren (tennis coach) 07956 734 060
6. Sam Hodgkins (squash coach) 07738266230
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Please add your name to this list if you are a qualified first aider